

WHAT TO DO IF YOU TEST POSITIVE FOR CORONAVIRUS?

- To stop the spread of the virus, it is advised that **if you are positive, you should isolate** in your current address, rather than moving households.



If your test shows you have coronavirus, you will be contacted by text, email or phone and will be asked to provide information about the people you have been close to recently.

- **Inform your university / employer.**



After 10 days if you still have a high temperature, you must stay home and away from people until you feel better.



- **After 10 days**, if you only have a cough and/or loss of sense of taste or smell you don't have to stay home and away from people any more.

Everyone else you share your house with must still stay home because they might have caught the virus but not be showing symptoms yet.

- They must stay at home for 14 days from the first day you felt poorly, even if they feel well.



- **Seek help if existing symptoms get worse** (eg difficulty breathing) by calling NHS 111.

In an emergency, call 999 & inform the call handler about your potential exposure to COVID-19.

